

# Pinched Nerve



It's called a pinched nerve because that's what it feels like. But there's a lot more going on.

The 24 moving bones of your spine protect your spinal cord while permitting normal turning and bending. Pairs of nerve roots, one on each side, branch off your spinal cord at each segmental level. To service the organs and tissues of your body. When these openings are obstructed, even slightly, your brain can't properly control and regulate your body.

When a spinal bone is subluxated, it can encroach upon these important nerve openings. Nerve irritation can result.

As a chiropractor we address the integrity of the nervous system and focus on getting your spine back into alignment... By doing so your body can heal itself once the interferences are corrected and the body is allowed to function correctly...

**Sick and Tired of being Sick and Tired? Call today to learn how Chiropractic can help...**